Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Sunday 01 Oct 2023 until 23:59 on Monday 02 Oct 2023

Forecast Issued on Saturday 30 Sep 2023 at 13:04 by Met Office Aberdeen

Confidence: Generally high, lower for detail of showers. Low by Wednesday with rain arriving from the west.

Headline for Sunday 01 Oct 2023: Sunny spells and a few showers on Sunday. Windy.

Mountain weather hazards on Sunday 01 Oct 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales High Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Cloudy	Heavy rain showers (night)	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
70%	30%	40%	30%	30%	30%	20%	20%

Forecast for Sunday 01 Oct 2023

Weather: Light and patchy overnight rain clearing during the early hours. A few potentially heavy showers following behind during the morning, then largely dry with sunny spells and just the odd shower. Windy throughout, especially in the west.

Chance of cloud-free hill tops above 800m: 20% increasing to 90% around dawn.

Low cloud and visibility: Broken cloud base 500-700m at first, breaking up through the latter part of the night. Few cloud base 700-800m perhaps lingering during the morning. Visibility moderate in rain or showers, otherwise good.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 01 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	39/47 S	40/51 SW	40/52 SW	36/48 SW	35/48 SW	37/50 SW	36/49 SW	35/48 SW	33/46 SW
900	34/42 S	38/49 SW	39/51 SW	34/45 SW	34/47 SW	35/48 SW	35/47 SW	34/47 SW	32/45 SW
600	24/32 S	28/39 SW	27/39 SW	24/35 SW	26/38 SW	27/39 SW	25/37 SW	24/37 SW	23/35 SW
300	4/28 SE	10/36 SW	10/37 SW	9/32 SW	12/37 SW	13/37 SW	11/34 SW	10/34 SW	10/32 SW
Glen	14/31 S	13/28 SW	14/31 SW	12/26 SW	16/31 SW	15/30 SW	13/27 SW	12/27 SW	12/27 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/1	8/2	7/1	6/-1	6/-1	6/-1	5/-1	5/-1	5/-1
900	8/2	8/3	8/2	6/1	7/1	7/1	6/-0	6/-0	6/-0
600	10/6	10/6	10/6	9/5	9/5	9/5	8/4	8/4	8/4
300	11/10	12/10	12/10	12/10	12/10	12/10	11/8	10/8	10/8
Glen	14/12	14/12	14/12	14/12	15/12	15/12	13/11	13/11	13/10
Freezing Level*	2600m	2200m	2000m	1500m	1600m	1700m	1600m	1600m	1600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of very strong winds, particularly at height.

Forecast for Monday 02 Oct 2023
Weather: Frequent, and at times heavy, showers expected throughout the day, with some sunny intervals. Best of the drier conditions in the east. Very strong southwesterly winds continuing.

Maximum wind: Southwesterly 30-40mph gusting 45-55mph during the afternoon.

Chance of cloud-free hill tops above 800m: 90%

Low cloud and visibility: Visibility moderate in showers, otherwise good.

Temperature: **Glens:** Plus 10 rising to plus 15 Celsius
At 800m: Plus 4 to 6 Celsius
Freezing level: Above summits

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